



Park Meadows Pilates Agreement of Policies

- Please be on time for appointments. Arrive early if you need to change clothes, make a payment, etc. Appointments must end on time.
- Please report any health issues, even minor injuries, to the instructor before your session begins.
- Clients arriving for group classes more than 10 minutes late will not be admitted and will be charged for the class.
- If you notice any unsafe area, potential hazard or notice anything unusual while using the equipment, please bring it to the attention of the studio staff.
- Please do not wear perfume or scented lotions and silence cell phones when in the studio.
- An instructor must sign off on "Class Passports" before you can attend the next class level.
- Wear clothing appropriate for movement (no loose-legged shorts or floppy t-shirts). Do not wear metal zippers or belts. Remove excess jewelry.
- Park Meadows Pilates is not responsible for lost or stolen personal property. Please do not bring purses, bags, shoes, etc... in the studio areas.
- For liability reasons, and no available supervision, small children are not allowed in the facility.
- Appointments must be paid in advance. **Please inform us if you plan to self-submit your insurance claims. We only accept out-of-network benefits. We do not accept Medicare, Tricare or Medicaid.**
- A \$50 charge will be assessed if you miss a scheduled individual appointment or do not cancel at least 24 hours in advance. (50% of appointment fee will be charged for Getting Started or non-PT appointments). Missed classes, not cancelled at least 24 hours in advance, will be charged at the individual class or package rate. Talk with the front desk if you have an emergency situation.
- Snow Days Policy: The Studio MAY be closed, or on limited schedule, if Douglas County/Littleton schools are closed. Check our voice mail message after 7:30 a.m. the morning of the day in question.
- Park Meadows Pilates has the right to cancel a class 24 hours before its start if there are no clients signed up for the class at that point.

I have fully read, understood, and agree to follow all the above policies.

Please Print Name _____

Signature _____

Date _____